



'Your Space' Real Nappy Feedback Board

Alternative Disposable Nappies

realnappy@buckscc.gov.uk
www.recycleforbuckinghamshire.co.uk

(See Fact File 13 Alternative Disposable Nappies. If you opt to use disposables even for a short time, remember to 'remove the poo and pop down the loo' just as you do with real nappies. This will remove excrement from your household bin, reduce odours and flies! Poo belongs in the loo so it can be treated properly in the sewerage system.)

DATE	NAME	FEEDBACK
Feb 2009	Emma Leigh (For Emma's full feedback, see also Real Nappy Stories)	On the few occasions I have used disposables, I have found newborn poo leaks everywhere, but have never had this problem with real nappies.
October 2007	Katharine Parker (For Katharine's full feedback, see also Real Nappy Stories)	<p>I started using real nappies with daughter number one at age 3 months and used them 95% of the daytime till she was potty trained – I had her in an eco- disposable at night.</p> <p>Real nappies were very easy to use, I started with Motherease but switched to Kushies Ultra as I found them smaller so fitted clothes better - I bought them at NCT sales, off ebay etc. I also used them from birth with daughter number 2 and am still using them although only 70% time - eco disposables again when I am not.</p> <p>With regards amount of waste in bin - I look at friends who have 2 wheelie bins if they use disposable nappies on 2 children, so obviously we must use less!</p>
Oct 2007	Amanda Savage (For Amanda's full feedback, see also Real Nappy Stories)	<p>My experience of using real nappies is that they are very easy to use and leak less than disposables. My only challenge was when both daughters were using them at the same time and I had to wash nappies every day! Using washable nappies helps our household to save a whole bin bag full of rubbish every week (as we have discovered to our horror when we go on holiday and just use disposables).</p> <p>I still use disposables overnight, as I have found that leaving my children in washables overnight either causes them to wake up for a change during the night or causes nappy rash. I also use some disposables when going out for long periods during the day, as I find it difficult to carry soiled nappies around with me. However, I probably use washables at least 70% of the time. (See Fact File 7 How to use real nappies at night + Fact File 5 Nappy Change Routines and Treating Nappy Rash Episodes + Fact File 14 Alternative Disposable Nappies)</p>

August 2007	<p>Alison Looker</p> <p>(For Alison's full feedback, see also Real Nappy Stories)</p>	<p>I had my main stock of real nappies bought and pre-washed, ready for when my son was born. I decided to use Tushies (non-gel disposables) for the first week or so as I worried about the meconium staining the new nappies (although I now realise that it would have washed away just fine). I think that to successfully get used to real nappies, you need to use them from birth as all the people I know who intended to use washables but didn't, was because they failed to sort it before having their baby. Then the whirlwind of their baby arrives, the washing machine has never been busier, and they get used to the way in which the disposables do their thing. (See Fact File 4 Newborn Nappies)</p> <p>There are multiple reasons I use real nappies. I love putting something soft and fluffy on my little ones bum, as opposed to something stiff and papery. I have major concerns over the chemical gels present in ALL disposables (except Tushies), despite most people seemingly still oblivious to this (e.g. possible carcinogen, removed from sanitary towels years ago, cause of sex change in newts in experiments etc.), largely perpetuated by a lack of on package information. (See Fact File 14 Alternative Disposable Nappies)</p> <p>I don't understand why anyone would prefer to use disposables, and I find it a great shame that real nappies are the exception, rather than the norm. It really bugs me how many vouchers you get for Pampers & Huggies – where is the encouragement to use washables.</p>
August 2007	<p>Carole Arnold</p> <p>(For Carole's full feedback, see also Real Nappy Stories)</p>	<p>I am quite relaxed about George's wearing of real nappies, I don't believe it has to be an all or nothing situation, although many people do successfully use them 24 hours a day, 7 days a week, I think it is useful to remember that disposables have a place and I do use them occasionally if we are out for a long day or when we are on holiday.... but every real nappy he wears is one less in the landfill site and I think that is a real incentive and a real achievement. (See Fact File 14 Alternative Disposable Nappies)</p> <p>We are on fortnightly collection and following surgery recently, George was unable to wear his real nappies because of enormous plaster casts on his legs, and so he wore disposables for the 2 weeks. During that time, my black bin became full to overflowing and was incredibly smelly attracting flies..... something I have never otherwise experienced. Usually, my black bin for a household with 3 adults and 1 child is only just full within the fortnight. I have no idea how families with more than one nappy wearing child can possibly manage.</p>
August 2007	<p>SB</p> <p>(For SB's full feedback, see also Real Nappy Stories)</p>	<p>I started using real nappies when my daughter was 6 months old (she's now 2). My reasons were - I was concerned about the effect of disposable nappies in landfill sites and also any effect that the chemicals used in disposable nappies may be having on my baby's health.</p> <p>These nappies are a piece of cake - I wash them every other day, they dry in no time and being velcro fastening are easily as user friendly as disposables. They are also absolutely enchanting to look at – my daughter looks like the Fairy Baby in hers!</p> <p>Our household waste is definitely significantly reduced so I feel pleased that I am doing a small bit to help the planet and my baby too!</p>