

DATE	NAME	FEEDBACK
Feb 2009	Emma Leigh (To view Emma's full feedback, see also Real Nappy Stories)	<p>I decided to use real nappies on my children before anyone bought up the subject as it seemed like the best thing to do. I was delighted to find that things had moved on since my mum's experience and there were lots of options. I used the Nappy Lady website and was recommended Bumbles and Fluffles.</p> <p>The Bumbles are good if you want a smaller fit, but are too small for my two year old now. The Fluffles were a little big on a newborn but you can make do and they still fit my two year old now. I have two children in real nappies at the moment and although it is quite a task hanging them all out every day, I wouldn't change my mind.</p> <p>On the few occasions I have used disposables, I have found newborn poo leaks everywhere, but have never had this problem with real nappies.</p>
Jan 2008	Jayne Gilbert (To view Jayne's full feedback, see also Real Nappy Stories)	<p>We started using real nappies 2 weeks after our daughter was born (she is 2 now). We decided to use them as we worked out how much we would save at first and then soon realised we would struggle fitting all the rubbish into the wheelie bin. (For more info see Fact File 4 Newborn Nappies)</p> <p>I didn't hear about the nappy library kit until after I had my daughter and had brought nappies long before then. The £30 cash back was a nice gesture from the council. (See Fact File 2 Real Nappy Library Kits explained / £30 Cash Back Claim form can be downloaded from www.recycleforbuckinghamshire.co.uk)</p> <p>It would be nice if there was more about real nappies with health visitors and at the antenatal classes. (Health Professional Toolkits are about to be launched in Spring 08 to enable expectant parents to learn about real nappies in their antenatal and postnatal classes).</p>
October 2007	Katharine Parker (To view	<p>I started using real nappies with daughter number one at age 3 months and used them 95% of the daytime till she was potty trained – I had her in an eco- disposable at night. (See Fact File 14 Alternative Disposable Nappies)</p> <p>Real nappies were very easy to use, I started with Motherease but switched to Kushies Ultra as I found them smaller so fitted clothes</p>

	Katharine's full feedback, see also Real Nappy Stories)	<p>better - I bought them at NCT sales, off ebay etc. I also used them from birth with daughter number 2 and am still using them although only 70% time - eco disposables again when I am not.</p> <p>With regards amount of waste in bin - I look at friends who have 2 wheelie bins if they use disposable nappies on 2 children, so obviously we must use less!</p> <p>I think real nappies are great, easy - you never run out of them! I think using a nappy service would have been a hassle, with your own machine you can wash to your own agenda.</p>
Oct 2007	<p>Amanda Savage</p> <p>(For Amanda's full feedback, see also Real Nappy Stories)</p>	<p>I decided to start using real nappies before having my first child in January 2004. I was primarily concerned about the amount of waste produced by disposable nappies (and the fact that they took years to degrade!), and also hoped to save some money by using washables.</p> <p>I first started using real nappies when my baby was 6 weeks old, right up until she was potty-trained at two and a half. (She is now nearly four). I also started using real nappies on my second child, Heather, when she was two months old and continue to do so (she is now nearly two). (See Fact File 4 Newborn Nappies + Fact File 8/9 Toilet Training)</p> <p>I received advice from my NCT teacher during antenatal classes in Oxford and was able to see and feel the washable nappies being demonstrated. This was a major influence on my decision to buy them, as I had previously believed that real nappies were old-fashioned and difficult to use! I have not received any other advice from a Real Nappy adviser or used a laundry service. (See Fact File 2 Real Nappy Library Kits explained + Fact File 3 Real Nappy Laundry services)</p> <p>My experience of using real nappies is that they are very easy to use and leak less than disposables. My only challenge was when both daughters were using them at the same time and I had to wash nappies every day!</p> <p>Buying washable nappies was a large initial financial outlay, particularly at a time when there were so many other things to buy for a new baby and when my income dropped significantly, so it was a tremendous help and incentive being able to claim the £30 cash back - even better being able to claim it for both children! (The £30 Cash Back claim form can be downloaded from www.recycleforbuckinghamshire.co.uk)</p> <p>My experience of using real nappies has been such a positive one that I have since persuaded two friends to start using them as well. I even bought some real nappies for one friend when her baby was born (as a welcome change from the usual presents of clothes and cuddly toys)!</p>
August 2007	AG	<p>I started using real nappies when my second child was about 3 months' old.</p> <p>I had planned to use them with my first for environmental reasons, but must admit to being a bit bewildered by all the choices available and just never made a decision.</p> <p>One day I saw a starter kit reduced for sale and thought I'll just buy it and give it a try. The kit contained nappies (cotton rectangular),</p>

		<p>wraps and a pack of bio-liners. I had to check the leaflet initially for how to fold them, but the whole thing was really easy. In fact, I've been really surprised at how easy it has been for both children and wish I'd started using them when my first child was younger. (See Fact File 2 Real Nappy Library Kits explained, Fact File 4 Newborn Nappies)</p> <p>I wash the nappies myself and really don't find it any hassle - it's just a couple of extra washes a week but without the ironing to follow! I dry them outside on the line, or if the weather is really bad, I'll do a light tumble dry and 'finish off' in the airing cupboard on a clothes airer. Even though I'm using the tumble dryer a bit, I believe that's still better than producing disposables and then putting several a day into landfill. (See Fact File 6 Washing Instructions and Top Tips)</p> <p>The £30 per child cashback from the Council helped - I bought a bucket with a properly fitting lid, some reusable terry wipes (which I just wash with the nappies), plus some more wraps and some terry squares, although I have to say my favourites are the original cotton foldable nappies and wraps (Tommee Tippee) I bought. (The £30 Cash Back claim form can be downloaded from www.recycleforbuckinghamshire.co.uk)</p> <p>I really like the idea of having my baby wrapped in pure cotton and another bonus is you don't have all that nappy waste either in your bin or in landfill. It saves me money too, which is very helpful with 2 young children. I'd definitely recommend cloth nappies to other parents - they're really easy once you just get on with it and the Bucks Real Nappy Initiative give you loads of help and advice if you want it.</p>
August 2007	Claire and Mike	<p>Our intention was to start using real nappies from day one. However Esme decided to arrive before the nappies were delivered so we spent a few days on disposables. (See Fact File 4 Newborn Nappies)</p> <p>Since then we've used them primarily (disposables at night time and for holidays) and Esme's a year old this week! See Fact File 7 How to use real nappies at night + Fact File 11 Real Nappy Holidays!</p> <p>We decided to use real nappies (terry's) for multiple reasons; a key motivator was the cost savings over time but the environmental benefit would have been enough on its own to convince us. We find them very easy and low hassle. In fact, recently when on holiday we chose to use disposables and actually had far more leaking incidents in one week then we'd had in months with terry's.</p> <p>The time Rayne (Real Nappy Adviser) spent with us explaining our options was most appreciated and the encouragement given to go down the real nappy route provided good motivation - no hard sell! (To find your nearest Real Nappy Adviser view webpage: Where to see, Borrow a Library Kit, purchase or launder Real Nappies in Bucks)</p> <p>I think we'd have made the same decision without the £30 incentive but still think it's a great idea. Finally, I'd say that everyone should give them a try as they're low hassle, cost less and greener.</p>
August 2007	Alison Looker	<p>I had my main stock of real nappies bought and pre-washed, ready for when my son was born. I decided to use Tushies (non-gel disposables) for the first week or so as I worried about the meconium staining the new nappies (although I now realise that it would</p>

		<p>have washed away just fine). I think that to successfully get used to real nappies, you need to use them from birth as all the people I know who intended to use washables but didn't, was because they failed to sort it before having their baby. Then the whirlwind of their baby arrives, the washing machine has never been busier, and they get used to the way in which the disposables do their thing. (See Fact File 4 Newborn Nappies)</p> <p>I have always known that I would use washable nappies when I had a family. I think one of the ways in which real nappies are their own worst enemy is the sheer choice in systems and brands. Added to which you are less likely to have a friend to share their experiences with you. I primarily use Tots Bots but have recently got quite excited about the Bum Genius 2.0 pocket nappy. It is good to gem up on as much as possible, the Baby Show is a good way to see a range of nappies, as is a talk from a nappy lady. Also, it is good to have a friend who also uses washables with whom you can share tips and favourite brands. (To find your nearest Real Nappy Adviser view web page: Where to see, Borrow a Library Kit, purchase or launder Real Nappies in Bucks)</p> <p>There are multiple reasons I use real nappies. I love putting something soft and fluffy on my little ones bum, as opposed to something stiff and papery. I have major concerns over the chemical gels present in ALL disposables (except Tushies), despite most people seemingly still oblivious to this (e.g. possible carcinogen, removed from sanitary towels years ago, cause of sex change in newts in experiments etc.), largely perpetuated by a lack of on package information. (See Fact File 14 Alternative Disposable Nappies)</p> <p>I'm saving money now, and will be quids in when I have my next child! I don't understand why anyone would prefer to use disposables, and I find it a great shame that real nappies are the exception, rather than the norm. It really bugs me how many vouchers you get for Pampers & Huggies – where is the encouragement to use washables.</p> <p>We never overflow our wheelie bin (indeed, when I moved in to my husband's house he had been issued a small wheelie bin. I brought my recycling ways with me and we both managed fine, and even when my son was born, the small bin was still adequate. The only reason we have now got a standard bin was when the collections went alternate weeks.</p> <p>I have always home laundered, largely due to the fact that I don't use pre-folds. There is so much more laundry that happens when you have a new baby (they mess your clothes as well as their own), I have never found one extra wash a day (or every 3 days now my son is 1½) to be a problem. It is actually my favourite wash to hang! I also like being in control of where my nappies for the next day are coming from.</p>
August 2007	Carole Arnold (To see Carole's full feedback, see also Real Nappy Stories)	<p>I started using real nappies 2½ years ago when George was 6 weeks old. He was born prematurely and so I didn't start immediately, I started as soon as it became practical for me to do so. I had already decided on advice from friends to use Bambino Mio nappies, but as George grew I got some advice from a lollipop advisor and started to widen the types of nappy I used. (See Fact File 4 Newborn Nappies. To find your nearest Real Nappy Adviser view web page: Where to see, Borrow a Library Kit, purchase or launder Real Nappies in Bucks)</p> <p>I am quite relaxed about George's wearing of real nappies, I don't believe it has to be an all or nothing situation, although many people do successfully use them 24 hours a day, 7 days a week, I think it is useful to remember that disposables have a place and I do use them occasionally if we are out for a long day or when we are on holiday.... but every real nappy he wears is one less in the</p>

		<p>landfill site and I think that is a real incentive and a real achievement. (See Fact File 14 Alternative Disposable Nappies)</p> <p>We are on fortnightly collection and following surgery recently, George was unable to wear his real nappies because of enormous plaster casts on his legs, and so he wore disposables for the 2 weeks. During that time, my black bin became full to overflowing and was incredibly smelly attracting flies..... something I have never otherwise experienced. Usually, my black bin for a household with 3 adults and 1 child is only just full within the fortnight. I have no idea how families with more than one nappy wearing child can possibly manage.</p>
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