



'Your Space' Real Nappy Feedback Board

TOP TIPS for using real nappies

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DATE	NAME	FEEDBACK
Feb 2009	Emma Leigh Bucks	<p>The Bumbles are good if you want a smaller fit, but are too small for my two year old now. The Fluffles were a little big on a newborn but you can make do and they still fit my two year old now. I have two children in real nappies at the moment and although it is quite a task hanging them all out every day, I wouldn't change my mind. I love the Fluffles as they are still fluffy now which is great living in a hard water area. They are very absorbent and dry really quickly. I am not so keen on the bumbles but they do the job.</p> <p>I use both with extra fleece liners to help with disposal of solids and also use washable wipes. We pad them at night with as many extra boosters as required and find this stops leaks. [See Fact File 14 Stop Those Leaks! For more info]</p> <p>We soak the soiled ones in water and tea tree oil but put the wet ones in a dry bucket. We wash them every evening which is a full load. We have found that the claims of getting them clean at 40 were not true though*. We wash at 60 degrees with a cold rinse first. You are not supposed to use fabric conditioner, so we use white vinegar to soften them. On the few occasions I have used disposables, I have found newborn poo leaks everywhere, but have never had this problem with real nappies.</p> <p><i>*40deg is the recommended temperature for 'peed on' nappies, as this will kill bacteria and virus' making the nappies sanitised and so hygienic to reuse [if pooped on nappies are washed at this temperature, stains may occur but all virus'/bacteria will be killed!]. 60deg is recommended for 'pooed' on nappies as protein stains need the higher temperature to remove the stains which may have 'set' into the fibres during nappy bucket storage, so the very good suggestion of a cold rinse first prevents the stains setting in the 1st place making them easier to wash and come up 'white' at 60deg. For more 'Washing Instructions' TOP TIPS see Fact File 6 Washing Instuction found on The Real Nappy Handbook web page</i></p>
October 2007	Katharine Green	Real nappies were very easy to use, I started with Motherease but switched to Kushies Ultra as I found them smaller so fitted clothes better - I bought them at NCT sales, off ebay etc. I also used them from birth with daughter number 2 and am still using them although

	(For Katharine's full feedback, see also Real Nappy Stories)	<p>only 70% time - eco disposables again when I am not.</p> <p>I don't bother to soak them, I just used Ecover laundry liquid, bicarb of soda, and hang them outside and the sun bleaches them. (See Fact File 6 Washing Instructions and Top Tips)</p> <p>I think real nappies are great, easy - you never run out of them! I think using a nappy service would have been a hassle, with your own machine you can wash to your own agenda.</p>
August 2007	AG (For AG's full feedback, see also Real Nappy Stories)	<p>I wash the nappies myself and really don't find it any hassle - it's just a couple of extra washes a week but without the ironing to follow! I dry them outside on the line, or if the weather is really bad, I'll do a light tumble dry and 'finish off' in the airing cupboard on a clothes airer. Even though I'm using the tumble dryer a bit, I believe that's still better than producing disposables and then putting several a day into landfill. (See Fact File 6 Washing Instructions and Top Tips)</p> <p>I bought a bucket with a properly fitting lid, some reusable terry wipes (which I just wash with the nappies), plus some more wraps and some terry squares, although I have to say my favourites are the original cotton foldable nappies and wraps (Tommee Tippee) I bought.</p>
August 2007	Carole Arnold (To see Carole's full feedback, see also Real Nappy Stories)	<p>I find them incredibly easy to use as I just have a cheap plastic bucket with a few drops of tea tree oil in, so it doesn't smell, and I wash every other day. I have always washed my own nappies, and I don't own a tumble drier, but they dry easily over night, and during the summer they are dry within hours on the washing line outside. (See Fact File 6 Washing Instructions and Top Tips)</p> <p>I am quite relaxed about George's wearing of real nappies, I don't believe it has to be an all or nothing situation, although many people do successfully use them 24 hours a day, 7 days a week, I think it is useful to remember that disposables have a place and I do use them occasionally if we are out for a long day or when we are on holiday.... but every real nappy he wears is one less in the landfill site and I think that is a real incentive and a real achievement. (See Fact File 14 Alternative Disposable Nappies)</p>
August 2007	SB (For SB's full feedback, see also Real Nappy Stories)	<p>I liked Tots Bots birth to potty best, with a Motherease wrap.</p> <p>These nappies are a piece of cake - I wash them every other day, they dry in no time and being velcro fastening are easily as user friendly as disposables. They are also absolutely enchanting to look at – my daughter looks like the Fairy Baby in hers!</p>